

MISSISSIPPI ROAST

IN THE FREEZER:

3lb chuck roast
6oz (half a jar) of pepperoncini
peppers, with juice
1 stick of butter (no need to melt)
1 pack of ranch dressing mix
1 pack brown gravy mix

NEEDED FOR SERVE DAY:

2lbs red potatoes
8oz light sour cream
1/3 cup milk
1 pack ranch dressing mix
2 12oz bags frozen green beans
2 tbsp evoo
2 tsp salt
2 tsp pepper
2 tsp garlic powder

PREP TIME: 10-120 mins
SERVES: 4-6

ON SERVE DAY...

1. Thaw your meal enough to pop out of the freezer container.
2. Add frozen meal and 1 cup water to IP.
3. Set IP for high, 90 minutes. Once cook cycle is up, allow pressure to naturally release for 10-15 minutes before releasing remaining pressure.
4. While the IP is cooking, wash & poke holes in potatoes. Cook in microwave for 8-10 minutes, until soft. Mash and mix with sour cream, ranch dressing mix, and milk.
5. Mix green beans with evoo and salt/pepper/garlic powder and roast for 15-18 minutes at 400 degrees.

SIDE ITEM: Ranch mashed potatoes, green beans